

# Kingfisher Financial PBC

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July 14, 2020

Conscious Connections Foundation  
PO Box 342  
Spokane, WA 99210

Dear members of the Board of Directors,

Enclosed is the 2019 federal return for a tax-exempt organization, prepared for Conscious Connections Foundation from the information provided. I filed Form 990-EZ on your behalf this morning.

Thank you for the opportunity to be of service. For further assistance with the organization's tax return needs, contact our office at (509)879-4716.

Sincerely,

A handwritten signature in blue ink that reads "Fred Peck". The signature is written in a cursive, flowing style.

Fred Peck, CPA  
Kingfisher Financial PBC

Short Form Return of Organization Exempt From Income Tax Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

Open to Public Inspection

Department of the Treasury Internal Revenue Service

Do not enter social security numbers on this form as it may be made public. Go to www.irs.gov/Form990EZ for instructions and the latest information.

A For the 2019 calendar year, or tax year beginning 01-01, 2019, and ending 12-31, 2019

B Check if applicable: Address change, Name change, Initial return, Final return/terminated, Amended return, Application pending. C Name of organization: Conscious Connections Foundation. D Employer identification number: 47-1602190. E Telephone number: (509) 499-3320. F Group Exemption Number.

G Accounting Method: [X] Cash [ ] Accrual Other (specify) . . . . . H Check [ ] if the organization is not required to attach Schedule B (Form 990, 990-EZ, or 990-PF).

I Website: www.consciousconnectionsfoundation.org

J Tax-exempt status (check only one) - [X] 501(c)(3) [ ] 501(c)( ) (insert no.) [ ] 4947(a)(1) or [ ] 527

K Form of organization: [X] Corporation [ ] Trust [ ] Association [ ] Other

L Add lines 5b, 6c, and 7b to line 9 to determine gross receipts. If gross receipts are \$200,000 or more, or if total assets (Part II, column (B)) are \$500,000 or more, file Form 990 instead of Form 990-EZ . . . . . \$ 62,973

Part I Revenue, Expenses, and Changes in Net Assets or Fund Balances (see the instructions for Part I) Check if the organization used Schedule O to respond to any question in this Part I [X]

Table with 3 main sections: Revenue (lines 1-9), Expenses (lines 10-17), and Net Assets (lines 18-21). Includes sub-rows for detailed revenue and expense categories.

**Part II Balance Sheets** (see the instructions for Part II)

Check if the organization used Schedule O to respond to any question in this Part II

	(A) Beginning of year	(B) End of year
22 Cash, savings, and investments	145,342	147,883
23 Land and buildings	0	0
24 Other assets (describe in Schedule O)	0	0
25 Total assets	145,342	147,883
26 Total liabilities (describe in Schedule O)	0	0
27 Net assets or fund balances (line 27 of column (B) must agree with line 21)	145,342	147,883

**Part III Statement of Program Service Accomplishments** (see the instructions for Part III)

Check if the organization used Schedule O to respond to any question in this Part III

What is the organization's primary exempt purpose? See Schedule O

Describe the organization's program service accomplishments for each of its three largest program services, as measured by expenses. In a clear and concise manner, describe the services provided, the number of persons benefited, and other relevant information for each program title.

**Expenses**  
(Required for section 501(c)(3) and 501(c)(4) organizations; optional for others.)

28 <b>Keeping Girls and Marginalized Children in School</b>		
(Grants \$ 32,165 ) If this amount includes foreign grants, check here <input checked="" type="checkbox"/>	28a	32,165
29 <b>Girl's and Women's Menstrual Hygiene Education</b>		
(Grants \$ 11,266 ) If this amount includes foreign grants, check here <input checked="" type="checkbox"/>	29a	11,266
30 <b>Disaster Relief</b>		
(Grants \$ 9,175 ) If this amount includes foreign grants, check here <input checked="" type="checkbox"/>	30a	9,175
31 Other program services (describe in Schedule O)		See SERVICES
(Grants \$ 6,632 ) If this amount includes foreign grants, check here <input checked="" type="checkbox"/>	31a	6,632
32 Total program service expenses (add lines 28a through 31a)	32	59,238

**Part IV List of Officers, Directors, Trustees, and Key Employees** (list each one even if not compensated - see the instructions for Part IV)

Check if the organization used Schedule O to respond to any question in this Part IV

(a) Name and title	(b) Average hours per week devoted to position	(c) Reportable compensation (Forms W-2/1099-MISC) (if not paid, enter -0-)	(d) Health benefits, contributions to employee benefit plans, and deferred compensation	(e) Estimated amount of other compensation
Denise Attwood Chair/President	5.00	0	0	0
Cameron Conner Co-Vice Chair/Vice-President	1.00	0	0	0
Austin Zimmerman Secretary	3.00	0	0	0
Saskia Peck Treasurer	1.00	0	0	0
James Conner Co-Vice Chair/Vice-President	1.00	0	0	0
Martha Newell Board Member	1.00	0	0	0
Kimberly Maynard Board Member	1.00	0	0	0
Colleen Cahill Board Member/web designer	2.00	0	0	0
Golie Jansen Board Member	1.00	0	0	0

Part V Other Information (Note the Schedule A and personal benefit contract statement requirements in the instructions for Part V.) Check if the organization used Schedule O to respond to any question in this Part V

Table with columns for question number, question text, and Yes/No columns. Includes questions 33 through 45b regarding organizational activities, financials, and compliance.

46	Did the organization engage, directly or indirectly, in political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I . . . . .		Yes	No
		46		X

**Part VI Section 501(c)(3) Organizations Only**

All section 501(c)(3) organizations must answer questions 47 - 49b and 52, and complete the tables for lines 50 and 51.

Check if the organization used Schedule O to respond to any question in this Part VI

47	Did the organization engage in lobbying activities or have a section 501(h) election in effect during the tax year? If "Yes," complete Schedule C, Part II . . . . .	47		X
48	Is the organization a school as described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E . . . . .	48		X
49a	Did the organization make any transfers to an exempt non-charitable related organization? . . . . .	49a		X
49b	b If "Yes," was the related organization a section 527 organization? . . . . .	49b		

50 Complete this table for the organization's five highest compensated employees (other than officers, directors, trustees and key employees) who each received more than \$100,000 of compensation from the organization. If there is none, enter "None."

(a) Name and title of each employee	(b) Average hours per week devoted to position	(c) Reportable compensation (Forms W-2/1099-MISC)	(d) Health benefits, contributions to employee benefit plans, and deferred compensation	(e) Estimated amount of other compensation
NONE				

f Total number of other employees paid over \$100,000 . . . . . ▶

51 Complete this table for the organization's five highest compensated independent contractors who each received more than \$100,000 of compensation from the organization. If there is none, enter "None."

(a) Name and business address of each independent contractor	(b) Type of service	(c) Compensation
NONE		

d Total number of other independent contractors each receiving over \$100,000 . . . . . ▶

52 Did the organization complete Schedule A? **Note:** All section 501(c)(3) organizations must attach a completed Schedule A . . . . . ▶  Yes  No

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge.

<b>Sign Here</b>	<u>Denise Attwood</u> Signature of officer	_____	Date
	<u>Denise Attwood, Board Chair</u> Type or print name and title		

<b>Paid Preparer Use Only</b>	Print/Type preparer's name <b>Fred Peck, CPA</b>	Preparer's signature <b>Fred Peck, CPA</b>	Date <b>07-14-2020</b>	Check <input type="checkbox"/> if self-employed	PTIN <b>P00622562</b>
	Firm's name ▶ <b>Kingfisher Financial PBC</b>	Firm's EIN ▶			
	Firm's address ▶ <b>21146 Camper Road Suite 100 Rathdrum ID 83858</b>	Phone no. <b>509-879-4716</b>			

May the IRS discuss this return with the preparer shown above? See instructions . . . . . ▶  Yes  No

**SCHEDULE A**  
**(Form 990 or 990-EZ)**

Department of the Treasury  
Internal Revenue Service

**Public Charity Status and Public Support**

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

▶ Attach to Form 990 or Form 990-EZ.

▶ Go to [www.irs.gov/Form990](http://www.irs.gov/Form990) for instructions and the latest information.

OMB No. 1545-0047

**2019**

**Open to Public Inspection**

Name of the organization

Conscious Connections Foundation

Employer identification number

47-1602190

**Part I Reason for Public Charity Status** (All organizations must complete this part.) See instructions.

The organization is not a private foundation because it is: (For lines 1 through 12, check only one box.)

- 1  A church, convention of churches, or association of churches described in **section 170(b)(1)(A)(i)**.
- 2  A school described in **section 170(b)(1)(A)(ii)**. (Attach Schedule E (Form 990 or 990-EZ).)
- 3  A hospital or a cooperative hospital service organization described in **section 170(b)(1)(A)(iii)**.
- 4  A medical research organization operated in conjunction with a hospital described in **section 170(b)(1)(A)(iii)**. Enter the hospital's name, city, and state: \_\_\_\_\_
- 5  An organization operated for the benefit of a college or university owned or operated by a governmental unit described in **section 170(b)(1)(A)(iv)**. (Complete Part II.)
- 6  A federal, state, or local government or governmental unit described in **section 170(b)(1)(A)(v)**.
- 7  An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in **section 170(b)(1)(A)(vi)**. (Complete Part II.)
- 8  A community trust described in **section 170(b)(1)(A)(vi)**. (Complete Part II.)
- 9  An agricultural research organization described in **section 170(b)(1)(A)(ix)** operated in conjunction with a land-grant college or university or a non-land-grant college of agriculture (see instructions). Enter the name, city, and state of the college or university: \_\_\_\_\_
- 10  An organization that normally receives: (1) more than 33 1/3% of its support from contributions, membership fees, and gross receipts from activities related to its exempt functions - subject to certain exceptions, and (2) no more than 33 1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975. See **section 509(a)(2)**. (Complete Part III.)
- 11  An organization organized and operated exclusively to test for public safety. See **section 509(a)(4)**.
- 12  An organization organized and operated exclusively for the benefit of, to perform the functions of, or to carry out the purposes of one or more publicly supported organizations described in **section 509(a)(1)** or **section 509(a)(2)**. See **section 509(a)(3)**.

Check the box in lines 12a through 12d that describes the type of supporting organization and complete lines 12e, 12f, and 12g.

- a  **Type I.** A supporting organization operated, supervised, or controlled by its supported organization(s), typically by giving the supported organization(s) the power to regularly appoint or elect a majority of the directors or trustees of the supporting organization. **You must complete Part IV, Sections A and B.**
- b  **Type II.** A supporting organization supervised or controlled in connection with its supported organization(s), by having control or management of the supporting organization vested in the same persons that control or manage the supported organization(s). **You must complete Part IV, Sections A and C.**
- c  **Type III functionally integrated.** A supporting organization operated in connection with, and functionally integrated with, its supported organization(s) (see instructions). **You must complete Part IV, Sections A, D, and E.**
- d  **Type III non-functionally integrated.** A supporting organization operated in connection with its supported organization(s) that is not functionally integrated. The organization generally must satisfy a distribution requirement and an attentiveness requirement (see instructions). **You must complete Part IV, Sections A and D, and Part V.**
- e  Check this box if the organization received a written determination from the IRS that it is a Type I, Type II, Type III functionally integrated, or Type III non-functionally integrated supporting organization.

f Enter the number of supported organizations . . . . .

g Provide the following information about the supported organization(s).

(i) Name of supported organization	(ii) EIN	(iii) Type of organization (described on lines 1-10 above (see instructions))	(iv) Is the organization listed in your governing document?		(v) Amount of monetary support (see instructions)	(vi) Amount of other support (see instructions)
			Yes	No		
(A)						
(B)						
(C)						
(D)						
(E)						
<b>Total</b>						

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)
(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Section A. Public Support

Table with 7 columns: (a) 2015, (b) 2016, (c) 2017, (d) 2018, (e) 2019, (f) Total. Rows include: 1 Gifts, grants, contributions, and membership fees received; 2 Tax revenues levied for the organization's benefit; 3 The value of services or facilities furnished by a governmental unit; 4 Total; 5 The portion of total contributions by each person; 6 Public support.

Section B. Total Support

Table with 7 columns: (a) 2015, (b) 2016, (c) 2017, (d) 2018, (e) 2019, (f) Total. Rows include: 7 Amounts from line 4; 8 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources; 9 Net income from unrelated business activities; 10 Other income; 11 Total support; 12 Gross receipts from related activities; 13 First five years.

Section C. Computation of Public Support Percentage

Table with 3 columns: Line number, Description, and Percentage. Rows include: 14 Public support percentage for 2019 (93.01%); 15 Public support percentage from 2018 Schedule A, Part II, line 14; 16a 33 1/3% support test - 2019 (checked); 16b 33 1/3% support test - 2018; 17a 10%-facts-and-circumstances test - 2019; 17b 10%-facts-and-circumstances test - 2018; 18 Private foundation.

**Part III Support Schedule for Organizations Described in Section 509(a)(2)**

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

**Section A. Public Support**

Calendar year (or fiscal year beginning in) ▶	(a) 2015	(b) 2016	(c) 2017	(d) 2018	(e) 2019	(f) Total
<b>1</b> Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")						
<b>2</b> Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose . . . . .						
<b>3</b> Gross receipts from activities that are not an unrelated trade or business under section 513 . . . . .						
<b>4</b> Tax revenues levied for the organization's benefit and either paid to or expended on its behalf . . . . .						
<b>5</b> The value of services or facilities furnished by a governmental unit to the organization without charge . . . . .						
<b>6 Total.</b> Add lines 1 through 5 . . . . .						
<b>7a</b> Amounts included on lines 1, 2, and 3 received from disqualified persons . . . . .						
<b>b</b> Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year . . . . .						
<b>c</b> Add lines 7a and 7b . . . . .						
<b>8 Public support.</b> (Subtract line 7c from line 6.) . . . . .						

**Section B. Total Support**

Calendar year (or fiscal year beginning in) ▶	(a) 2015	(b) 2016	(c) 2017	(d) 2018	(e) 2019	(f) Total
<b>9</b> Amounts from line 6 . . . . .						
<b>10a</b> Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources . . . . .						
<b>b</b> Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975 . . . . .						
<b>c</b> Add lines 10a and 10b . . . . .						
<b>11</b> Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on . . . . .						
<b>12</b> Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.) . . . . .						
<b>13 Total support.</b> (Add lines 9, 10c, 11, and 12.) . . . . .						

**14 First five years.** If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and **stop here** . . . . . ▶

**Section C. Computation of Public Support Percentage**

<b>15</b> Public support percentage for 2019 (line 8, column (f), divided by line 13, column (f)) . . . . .	<b>15</b>	%
<b>16</b> Public support percentage from 2018 Schedule A, Part III, line 15 . . . . .	<b>16</b>	%

**Section D. Computation of Investment Income Percentage**

<b>17</b> Investment income percentage for <b>2019</b> (line 10c, column (f), divided by line 13, column (f)) . . . . .	<b>17</b>	%
<b>18</b> Investment income percentage from <b>2018</b> Schedule A, Part III, line 17 . . . . .	<b>18</b>	%

**19a 33 1/3% support tests - 2019.** If the organization did not check the box on line 14, and line 15 is more than 33 1/3%, and line 17 is not more than 33 1/3%, check this box and **stop here**. The organization qualifies as a publicly supported organization . . ▶

**b 33 1/3% support tests - 2018.** If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33 1/3%, and line 18 is not more than 33 1/3%, check this box and **stop here**. The organization qualifies as a publicly supported organization ▶

**20 Private foundation.** If the organization did not check a box on line 14, 19a, or 19b, check this box and see instructions . . . ▶



**Part IV Supporting Organizations**

(Complete only if you checked a box in line 12 on Part I. If you checked 12a of Part I, complete Sections A and B. If you checked 12b of Part I, complete Sections A and C. If you checked 12c of Part I, complete Sections A, D, and E. If you checked 12d of Part I, complete Sections A and D, and complete Part V.)

**Section A. All Supporting Organizations**

	Yes	No
<b>1</b> Are all of the organization's supported organizations listed by name in the organization's governing documents? <i>If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.</i>		
<b>2</b> Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? <i>If "Yes," explain in Part VI how the organization determined that the supported organization was described in section 509(a)(1) or (2).</i>		
<b>3a</b> Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? <i>If "Yes," answer (b) and (c) below.</i>		
<b>b</b> Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? <i>If "Yes," describe in Part VI when and how the organization made the determination.</i>		
<b>c</b> Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? <i>If "Yes," explain in Part VI what controls the organization put in place to ensure such use.</i>		
<b>4a</b> Was any supported organization not organized in the United States ("foreign supported organization")? <i>If "Yes," and if you checked 12a or 12b in Part I, answer (b) and (c) below.</i>		
<b>b</b> Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? <i>If "Yes," describe in Part VI how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.</i>		
<b>c</b> Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? <i>If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.</i>		
<b>5a</b> Did the organization add, substitute, or remove any supported organizations during the tax year? <i>If "Yes," answer (b) and (c) below (if applicable). Also, provide detail in Part VI, including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).</i>		
<b>b Type I or Type II only.</b> Was any added or substituted supported organization part of a class already designated in the organization's organizing document?		
<b>c Substitutions only.</b> Was the substitution the result of an event beyond the organization's control?		
<b>6</b> Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? <i>If "Yes," provide detail in Part VI.</i>		
<b>7</b> Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? <i>If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ).</i>		
<b>8</b> Did the organization make a loan to a disqualified person (as defined in section 4958) not described in line 7? <i>If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ).</i>		
<b>9a</b> Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? <i>If "Yes," provide detail in Part VI.</i>		
<b>b</b> Did one or more disqualified persons (as defined in line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? <i>If "Yes," provide detail in Part VI.</i>		
<b>c</b> Did a disqualified person (as defined in line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? <i>If "Yes," provide detail in Part VI.</i>		
<b>10a</b> Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? <i>If "Yes," answer 10b below.</i>		
<b>b</b> Did the organization have any excess business holdings in the tax year? <i>(Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)</i>		

<b>Part IV Supporting Organizations (continued)</b>		Yes	No
<b>11</b>	Has the organization accepted a gift or contribution from any of the following persons?		
<b>a</b>	A person who directly or indirectly controls, either alone or together with persons described in (b) and (c) below, the governing body of a supported organization?		
<b>b</b>	A family member of a person described in (a) above?		
<b>c</b>	A 35% controlled entity of a person described in (a) or (b) above? <i>If "Yes" to a, b, or c, provide detail in Part VI.</i>		

**Section B. Type I Supporting Organizations**

	Yes	No
<b>1</b>		
<b>2</b>		

**Section C. Type II Supporting Organizations**

	Yes	No
<b>1</b>		

**Section D. All Type III Supporting Organizations**

	Yes	No
<b>1</b>		
<b>2</b>		
<b>3</b>		

**Section E. Type III Functionally Integrated Supporting Organizations**

<b>1</b>	<i>Check the box next to the method that the organization used to satisfy the Integral Part Test during the year (see instructions).</i>	
<b>a</b>	<input type="checkbox"/> The organization satisfied the Activities Test. Complete <b>line 2</b> below.	
<b>b</b>	<input type="checkbox"/> The organization is the parent of each of its supported organizations. Complete <b>line 3</b> below.	
<b>c</b>	<input type="checkbox"/> The organization supported a governmental entity. Describe in <b>Part VI</b> how you supported a government entity (see instructions).	
<b>2</b>	<b>Activities Test. Answer (a) and (b) below.</b>	
<b>a</b>		
<b>b</b>		
<b>3</b>	<b>Parent of Supported Organizations. Answer (a) and (b) below.</b>	
<b>a</b>		
<b>b</b>		

**Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations**

- 1  Check here if the organization satisfied the Integral Part Test as a qualifying trust on Nov. 20, 1970 (explain in Part VI). **See instructions.** All other Type III non-functionally integrated supporting organizations must complete Sections A through E.

<b>Section A - Adjusted Net Income</b>		(A) Prior Year	(B) Current Year (optional)
1	Net short-term capital gain	1	
2	Recoveries of prior-year distributions	2	
3	Other gross income (see instructions)	3	
4	Add lines 1 through 3.	4	
5	Depreciation and depletion	5	
6	Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions)	6	
7	Other expenses (see instructions)	7	
8	<b>Adjusted Net Income</b> (subtract lines 5, 6, and 7 from line 4)	8	

<b>Section B - Minimum Asset Amount</b>		(A) Prior Year	(B) Current Year (optional)
1 Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year):			
a	Average monthly value of securities	1a	
b	Average monthly cash balances	1b	
c	Fair market value of other non-exempt-use assets	1c	
d	<b>Total</b> (add lines 1a, 1b, and 1c)	1d	
e <b>Discount</b> claimed for blockage or other factors (explain in detail in <b>Part VI</b> ):			
2	Acquisition indebtedness applicable to non-exempt-use assets	2	
3	Subtract line 2 from line 1d.	3	
4	Cash deemed held for exempt use. Enter 1-1/2% of line 3 (for greater amount, see instructions).	4	
5	Net value of non-exempt-use assets (subtract line 4 from line 3)	5	
6	Multiply line 5 by .035.	6	
7	Recoveries of prior-year distributions	7	
8	<b>Minimum Asset Amount</b> (add line 7 to line 6)	8	

<b>Section C - Distributable Amount</b>			Current Year
1	Adjusted net income for prior year (from Section A, line 8, Column A)	1	
2	Enter 85% of line 1.	2	
3	Minimum asset amount for prior year (from Section B, line 8, Column A)	3	
4	Enter greater of line 2 or line 3.	4	
5	Income tax imposed in prior year	5	
6	<b>Distributable Amount.</b> Subtract line 5 from line 4, unless subject to emergency temporary reduction (see instructions).	6	
7	<input type="checkbox"/> Check here if the current year is the organization's first as a non-functionally integrated Type III supporting organization (see instructions).		

**Part V** Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations (continued)

Section D - Distributions	Current Year
1 Amounts paid to supported organizations to accomplish exempt purposes	
2 Amounts paid to perform activity that directly furthers exempt purposes of supported organizations, in excess of income from activity	
3 Administrative expenses paid to accomplish exempt purposes of supported organizations	
4 Amounts paid to acquire exempt-use assets	
5 Qualified set-aside amounts (prior IRS approval required)	
6 Other distributions (describe in <b>Part VI</b> ). See instructions.	
7 <b>Total annual distributions.</b> Add lines 1 through 6.	
8 Distributions to attentive supported organizations to which the organization is responsive (provide details in <b>Part VI</b> ). See instructions.	
9 Distributable amount for 2019 from Section C, line 6	
10 Line 8 amount divided by line 9 amount	

Section E - Distribution Allocations (see instructions)	(i) Excess Distributions	(ii) Underdistributions Pre-2019	(iii) Distributable Amount for 2019
1 Distributable amount for 2019 from Section C, line 6			
2 Underdistributions, if any, for years prior to 2019 (reasonable cause required - explain in <b>Part VI</b> ). See instructions.			
3 Excess distributions carryover, if any, to 2019			
a From 2014 . . . . .			
b From 2015 . . . . .			
c From 2016 . . . . .			
d From 2017 . . . . .			
e From 2018 . . . . .			
f <b>Total</b> of lines 3a through e			
g Applied to underdistributions of prior years			
h Applied to 2019 distributable amount			
i Carryover from 2014 not applied (see instructions)			
j Remainder. Subtract lines 3g, 3h, and 3i from 3f.			
4 Distributions for 2019 from Section D, line 7: \$			
a Applied to underdistributions of prior years			
b Applied to 2019 distributable amount			
c Remainder. Subtract lines 4a and 4b from 4.			
5 Remaining underdistributions for years prior to 2019, if any. Subtract lines 3g and 4a from line 2. For result greater than zero, explain in <b>Part VI</b> . See instructions.			
6 Remaining underdistributions for 2019. Subtract lines 3h and 4b from line 1. For result greater than zero, explain in <b>Part VI</b> . See instructions.			
7 <b>Excess distributions carryover to 2020.</b> Add lines 3j and 4c.			
8 Breakdown of line 7:			
a Excess from 2015 . . . .			
b Excess from 2016 . . . .			
c Excess from 2017 . . . .			
d Excess from 2018 . . . .			
e Excess from 2019 . . . .			



**Schedule B**  
**(Form 990, 990-EZ,**  
**or 990-PF)**

Department of the Treasury  
Internal Revenue Service

**Schedule of Contributors**

OMB No. 1545-0047

**2019**

▶ **Attach to Form 990, Form 990-EZ, or Form 990-PF.**  
▶ **Go to [www.irs.gov/Form990](http://www.irs.gov/Form990) for the latest information.**

Name of the organization

**Conscious Connections Foundation**

Employer identification number

**47-1602190**

Organization type (check one):

Filers of:

Section:

Form 990 or 990-EZ

501(c)( 3 ) (enter number) organization

4947(a)(1) nonexempt charitable trust **not** treated as a private foundation

527 political organization

Form 990-PF

501(c)(3) exempt private foundation

4947(a)(1) nonexempt charitable trust treated as a private foundation

501(c)(3) taxable private foundation

Check if your organization is covered by the **General Rule** or a **Special Rule**.

**Note:** Only a section 501(c)(7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.

**General Rule**

For an organization filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money or property) from any one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.

**Special Rules**

For an organization described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33 1/3% support test of the regulations under sections 509(a)(1) and 170(b)(1)(A)(vi), that checked Schedule A (Form 990 or 990-EZ), Part II, line 13, 16a, or 16b, and that received from any one contributor, during the year, total contributions of the greater of **(1)** \$5,000; or **(2)** 2% of the amount on (i) Form 990, Part VIII, line 1h; or (ii) Form 990-EZ, line 1. Complete Parts I and II.

For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, total contributions of more than \$1,000 *exclusively* for religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals. Complete Parts I, II, and III.

For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, contributions *exclusively* for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box is checked, enter here the total contributions that were received during the year for an *exclusively* religious, charitable, etc., purpose. Don't complete any of the parts unless the **General Rule** applies to this organization because it received *nonexclusively* religious, charitable, etc., contributions totaling \$5,000 or more during the year . . . . . ▶ \$ \_\_\_\_\_

**Caution:** An organization that isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990, 990-EZ, or 990-PF), but it **must** answer "No" on Part IV, line 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990-PF, Part I, line 2, to certify that it doesn't meet the filing requirements of Schedule B (Form 990, 990-EZ, or 990-PF).

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**Part I** **Contributors** (see instructions). Use duplicate copies of Part I if additional space is needed.

(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1	<p><u>The Sam and Ann Thoen Foundation</u></p> <p><u>1616 West Second Ave</u></p> <p><u>Spokane, WA 99201</u></p>	\$ <u>15,000</u>	<p>Person <input checked="" type="checkbox"/></p> <p>Payroll <input type="checkbox"/></p> <p>Noncash <input type="checkbox"/></p> <p>(Complete Part II for noncash contributions.)</p>
—	<p>_____</p> <p>_____</p> <p>_____</p>	\$ _____	<p>Person <input type="checkbox"/></p> <p>Payroll <input type="checkbox"/></p> <p>Noncash <input type="checkbox"/></p> <p>(Complete Part II for noncash contributions.)</p>
—	<p>_____</p> <p>_____</p> <p>_____</p>	\$ _____	<p>Person <input type="checkbox"/></p> <p>Payroll <input type="checkbox"/></p> <p>Noncash <input type="checkbox"/></p> <p>(Complete Part II for noncash contributions.)</p>
—	<p>_____</p> <p>_____</p> <p>_____</p>	\$ _____	<p>Person <input type="checkbox"/></p> <p>Payroll <input type="checkbox"/></p> <p>Noncash <input type="checkbox"/></p> <p>(Complete Part II for noncash contributions.)</p>
—	<p>_____</p> <p>_____</p> <p>_____</p>	\$ _____	<p>Person <input type="checkbox"/></p> <p>Payroll <input type="checkbox"/></p> <p>Noncash <input type="checkbox"/></p> <p>(Complete Part II for noncash contributions.)</p>
—	<p>_____</p> <p>_____</p> <p>_____</p>	\$ _____	<p>Person <input type="checkbox"/></p> <p>Payroll <input type="checkbox"/></p> <p>Noncash <input type="checkbox"/></p> <p>(Complete Part II for noncash contributions.)</p>
—	<p>_____</p> <p>_____</p> <p>_____</p>	\$ _____	<p>Person <input type="checkbox"/></p> <p>Payroll <input type="checkbox"/></p> <p>Noncash <input type="checkbox"/></p> <p>(Complete Part II for noncash contributions.)</p>

**SCHEDULE O**  
**(Form 990 or 990-EZ)**

Department of the Treasury  
Internal Revenue Service  
Name of the organization

**Supplemental Information to Form 990 or 990-EZ**

Complete to provide information for responses to specific questions on  
Form 990 or 990-EZ or to provide any additional information.

▶ Attach to Form 990 or 990-EZ.  
▶ Go to [www.irs.gov/Form990](http://www.irs.gov/Form990) for the latest information.

OMB No. 1545-0047

**2019**

**Open to Public  
Inspection**

**Conscious Connections Foundation**

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**01. List of grants and similar amounts paid (Part I, line 10)**

Activity Keeping Girls and Marginalized Children in School

Grantee Grant Recipients-see details below

Relationship Grant Recipients-see details below

Amount 32,165

Activity Disaster Relief

Grantee Grant Recipients-see details below

Relationship Grant Recipients-see details below

Amount 9,175

Activity Girl's and Women's Menstrual Hygiene Education

Grantee Grant Recipients-see details below

Relationship Grant Recipients-see details below

Amount 11,266

Activity Other Programs

Grantee Grant Recipients-see details below

Relationship Grant Recipients-see details below

Amount 6,632

**02. Description of other expenses (Part I, line 16)**

Description Amount

Bank Fees 610



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Loss on the sale of stock 10

Advertising and promotion 147

Administrative expense 427

**03. Other program services (Part III, line 31)**

See detail below

**04. Part III, response or note to any other line in Part III**

Short Form Part 1 Line 10: Grants and Similar Amounts Paid- \$59,237.71 US

1) Line 28: Keeping Girls & Marginalized Children in School- \$32,165

a) Power of 5 Child Education Fund- \$25,000

b) Girl's Higher Education Fund Scholarships (aka Joy Attwood Scholarship Fund)-\$2,000

c) Girl's Education Program Administrator- \$2,000

d) Ghatbesi Girl's Higher Education Scholarships-\$3,165

2) Line 29: Disaster Relief-- \$9,175

3) Line 30: Girl's and Women's Menstrual Hygiene Education programs-\$11,266

4) Line 31: Other Programs-\$6,632

a) Rural Healthcare-\$4,018

i) Deurali Community Service Center (aka Baseri Clinic) salaries for staff-\$2,090

ii) Clinic repairs and upkeep-\$1,928

b) Girl's Leadership Training-\$1,000

c) Rural MHM training Sindupalchowk- \$1,337

d) Earthquake relief scholarship- \$277

Short Form Part 1 Line 16: Other expenses -\$1,194

1) Administrative fees- \$573

2) Bank, Credit Card and Brokerage fees-\$611

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3) Corporate Filing Fee-\$10

Short Form Part II Line 22A: Cash savings and investments beginning of 2019-\$145,342

Breakdown of 2019 starting funds are as follows:

1) Restricted Funds: \$79,417

a) Baseri Clinic Funds donated for sole use of maintenance, salaries and normal operating expenses-22,625.79

b) Earthquake/Disaster Relief funds-\$45,423

i) Baseri disaster relief-\$14,771.91

ii) General disaster relief-\$30,650.98

c) Power of 5 Educational stipends-\$8,748.40

d) Girl's higher education class 11/12 scholarships-\$815.87

e) Girl's Education Program Administrator-\$50.00

f) Girl's and Women's Menstrual Hygiene Education programs-0

g) Ghatbesi Girl's higher education class 11/12 Scholarships-\$1,737.76

h) Solar Light purchases-\$16.00

2) General Fund (non-restricted)-\$65,925.23

Short Form Part II Line 22B: Cash savings and investments ending of 2019-\$147,883

Breakdown of 2019 ending funds are as follows:

3) Restricted Funds: \$64,144

a) Baseri Clinic Funds donated for sole use of maintenance, salaries and normal operating expenses-20,727.36

b) Earthquake/Disaster Relief funds-\$34,320.54

i) Baseri disaster relief-\$12,844.64

ii) General disaster relief-\$21,475.90

c) Power of 5 Educational stipends-\$5,733.38

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d) Girl's higher education class 11/12 scholarships-\$1,085.87

e) Girl's Education Program Administrator-\$50.00

f) Girl's and Women's Menstrual Hygiene Education programs-0

g) Ghatbesi Girl's higher education class 11/12 Scholarships-\$2210.76

h) Solar Light purchases-\$16.00

4) General Fund (non-restricted)-\$83,739

Short Form Part III: What is the organization's primary exempt purpose?

CCF's primary exempt purpose is to raise funds to provide educational stipends and scholarships, health care, economic skills development and facilities improvement to marginalized individuals and their families in Nepal.

CCF's three largest programs are:

Line 28: Program #1: Keeping Girl's in School- Power of 5 educational stipends (grades K-10) College Scholarships (grades 11/12) at ACP and in Ghatbesi and Mentoring/program assistance- \$32,165 in grants.

Impact in 2019:

1) Grantee #1: Association for Craft Producers- Grant \$29,000

Association for Craft Producers, a registered Nepali Non-profit

Grantee Address: GPO Box 3701 Ravi Bhawan Mode, Kathmandu, Nepal

Grantee Phone: 977-1-427-5108

Executive Director: Ms. Meera Bhatteari, Social Program Director: Ms. Revita Shrestha,

Assistant Social Program Director/Mentor: Ms Prastuti Dhakal

a) Grantee Educational Programs supported:

i) Power of 5- 117 (K-10) children in need were able to stay in school for one more year

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(\$14,040 in educational stipends distributed) End of the year ceremony for children and parents (\$360), \$10,600 reserve set aside for future stability of the program)- \$25,000 grant

ii) College Scholarship ACP (aka Joy Attwood College Scholarships)- three need and merit based girls competed for and were awarded scholarships to attend class 11/12 (college in Nepal)- \$2000 grant

iii) Mentoring and program administrator- 120 students and their parents gained access to a college educated female administrative assistant and mentor who provides educational resources and mentoring to those who have little knowledge of how to navigate educational systems.

b) Program purpose: CCF understands the positive change that comes from empowering women and educating their daughters in Nepal. We have seen a lack of infrastructural support for women who are often the sole income earners for their entire extended families and the impact that this has had on their daughters, many of whom are taken out of school due to lack of sufficient family finances. The longer a girl is able to stay in school the longer she remains unmarried and the more choice she has in life. Around the world, girls face complex physical, cultural and financial barriers in accessing education. As a girl grows older the fight to get an education becomes even harder. Her family must have the ability to pay school fees and be willing to do so. The stipend program that CCF funds through ACP allows women to keep their daughters in school without drawing resources from the family. It has become one of the most valued social benefit programs at this organization.

ACP Child Education Program (aka Power of 5 program):

Every year CCF raises funds and makes grants to ACP to strengthen their educational stipend program. ACP administers the fund to families that are struggling to keep their children in school, girls are the target but boys will not be left out if there is need.

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The family receives the stipend and return provides monthly evidence of the child's attendance and progress in school. If the child is struggling or the family needs help with study issues or navigating the system the administrative assistant/mentor is there to provide the family with resources. The result from this stipend is that 130 children (with an emphasis on girls) are staying in school.

The goal is for this program to have financial stability so that each child is given the chance to have the stipend for their entire 10 classes if need be. This has required CCF and ACP to plan and CCF has made a 6 year commitment to raise \$25,000/year so that the fund can pay the fees (approx. \$14,040 for 117 students +\$360 expenses + \$10, 600) for future continuation and expansion of the program. CCF's focus is keeping girls in school some funding does go to boys education as long as the girls in the family are enrolled first and the family shows need.

Girl's Higher Education Program (aka Joy Attwood Scholarship program) Class 11/12:

This program is a merit and need based scholarship program that CCF started to fund in 2015 to encourage girls who had participated in the Power of 5 program (K-10) to continue on into class 11/12. This program provides 3 scholarships to outstanding girl scholars who have come out of the Power of 5 program and demonstrate the ability and commitment to continue on with their education. The top scholar is provided with a \$1000 scholarship and the 2nd and 3rd place recipients each receive a \$500 scholarship. The emphasis of the scholarship is to give it to the most outstanding girl scholars with the greatest need but all applicants must have passed their Student Leaving Certificate (SLC) exams with distinction (80%). Since 2015 this higher education scholarship has benefitted 18 girls, some of whom have gone on to University. The girls who receive the scholarship are celebrated in the community and act as examples and mentors to the younger children in the Power of 5 program, showing them the abilities and accomplishments of girls who are given the chance to have an education. Child Education Program Administrator/Mentor Program:

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The funds granted for ACP to hire a mentor/program assistant came from the need for ACP to have more attention focused on the girls receiving the Power of 5 stipends and the College Scholarships. Many of the girls involved in these programs live in families where many of the women and sometimes the men have very little schooling, if any at all. The difficulty for the girls and their families is that no one is familiar with navigating the educational system, scheduling time for homework, completing homework and finding resources for future learning. ACP uses the funds provided by CCF to hire a college educated young woman who can be a resource for the girls and their families as well as help CCF to understand how the program is performing. Prastuti Dhakal is the current assistant and loves helping the girls and their families. Her reporting also helps us to provide information about the program to our donors as well.

2) Grantee #2: Shree Jageshwor Secondary School- Grant \$3165

Grantee Address: Gorkha District, Bhimsen VDC, Ward 8, Ghatvesii-Mahadevtar Nepal

Program Director/Mentor: Ms Pampha Dhakal

a) Grantee Educational Programs- \$2400 grant supported 17 students first ½ of 2019 and 13 students 2nd ½ of 2019, who would otherwise not be able to continue past class 10, with \$120 scholarships to attend class 11/12 at the Shree Jageshwor Secondary School. Due to the Nepali School year starting in August and ending in April the years tuition is split. There were 17 girls ending in Spring 2019 and 13 students (8 girls and 5 boys) starting in the fall.

b) Grantee spring exam tutoring program- \$765 to teachers at Shree Jageshwor Secondary School in Ghat Besi, Nepal for the purpose of helping the 17 CCF girl college scholars receive tutoring to help them pass their end of the year exams in the spring of 2019. This money covered 1 hour of tutoring in each of the exam topics per girl per week per month for 3 months (Jan 27-April 27).

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CCF began funding the college tuition for girls in the rural village of Ghatbesi because the community had requested and demonstrated to CCF a commitment to the education of all castes and both sexes. The community especially wanted to provide further educational opportunity to the girls. They asked CCF to provide scholarships to the girls graduating from class 10 since they were all from lower caste families and wanted to continue on. The parents of the girls had agreed to provide them with time for studying and wanted them to succeed. Since these lower caste families did not have the means to pay for class 11/12 tuition CCF agreed to raise the funds (please see earlier discussion on why it is important for girls to stay in school). As the girls attended classes that were much more demanding than what they had encountered in class K-10 we realized that they needed extra tutoring to succeed and pass their end of year exams. Therefore, CCF paid for teachers to spend extra time with the girls to help them through. Each year this program is re-evaluated for effectiveness as this area is in transition due to hydropower development in the area.

Line 29: Program #2: Women and Girl's Menstrual Hygiene Education and supplies-

\$11,266.00

1)Grantee: Kesang Yudron,Volunteer Menstrual Hygiene Project Manager

Grantee Address: Bhagwang Bahal, Thamel-29, PO Box 10452 Kathmandu, Nepal

Grantee email: Kyudron@gmail.com

i)Menstrual Hygiene Trainings- Impact 322 rural women and girls-\$2866.00

(1)Hindung and Neber- Remote Dhading district- 219 participants in a full day menstrual hygiene training and 219 reusable menstrual kits distributed.

(2)Sertung- ½ day refresher training for 103 participants (2018 had full training) and 103 kits distributed. Good feedback from earlier kits distributed.

Impact- 322 women and girls in the remote villages of Hindung (121), Neber (98) and

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Sertung (103) were given basic training in menstrual hygiene in their native language of Tamang by a local trusted CMA Pema Tamang. The women and girls attending also received a reusable menstrual pad kit and training in how to use the kit and keep it clean. CCF's mission is to help educate women and men about menstruation so that they can begin to demystify the process and see it as a natural event which is not unclean and thus hopefully assist in removing a major barrier for women's participation in schooling and work. CCF has realized that providing reusable menstrual kits is not enough. Women & men need to be provided with information and training to help them understand and demystify the process in their communities. Each year CCF hopes to continue these trainings yearly so that communities will begin to have these conversations about menstrual health and hygiene with good information at its base.

ii) Menstrual Hygiene Mini Manual Development- \$3000 text + \$2000 professional illustrations

Impact- all future women and men trained in menstrual hygiene in Nepal. CCF continues to invest in MHM trainings and to reach out to remote parts of Nepal to help women gain confidence in discussing the process of menstruation and learn more about their bodies. In our trainings we are identifying local leaders of all ages who are both respected and willing to begin the discussion in the community. Many of these women, especially older women, do not know how to read and write and many of the women have never had any information shared with them about why they menstruate and the basic hygiene and nutrition that can help them manage their periods successfully. Kesang's MHM team has conducted several trainings so far and found that the main element lacking is a set of comprehensive simple illustrations and text in the local language to help support these women after the trainings are over. Therefore, CCF and Kesang are undertaking a longer term project to develop a mini manual on Menstrual hygiene. The initial \$3000 grant will allow Kesang and her Menstrual Hygiene team consisting of MHM trainers Shreya Thapa and Anupa Paudel (lead



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trainer of the Radha Paudel foundation) to condense already existing MHM materials into simple diagrams and local Nepali text to create a concise "mini-MHM Manual" of approximately 20 pages that will cover basic topics of menstruation. The subsequent \$2000 grant will allow for illustrator and translator Poonam to provide clear, understandable, Nepali appropriate illustrations for the manual. These grants will result in a product that will be used, commented on and adapted as needed for each community. The manual will be reviewed by participants who receive it and new information will be incorporated based on questions asked by participants that are not covered in the manual and by gaps seen by the trainers. Basically it will be a working document that will be evolving with each training and adapted to each community. CCF hopes to make this mini manual available to anyone without charge. iii) Reusable Menstrual Hygiene kits for distribution: \$3400 grant for 400 kits to distribute to women and girls attending future CCF MHM trainings. Impact: 400 women and girls will have access to a reusable high quality menstrual pad kit that they can use for years. These upgraded kits have a new rounded design (response to feedback that squared ends were uncomfortable) and include two day-frames with three napkins, one longer night-frame with two larger napkins made with fabric that has environmentally friendly dyes that will not wash out. The kit also includes: two pairs of underwear, a bar of soap, a carrying bag, and use and care instructions. CCF's Menstrual Hygiene Committee, along with Kesang Yudron plan to conduct more MHM trainings in Nepal in 2020. To conduct those trainings we need to have kits available. Nilam (the woman CCF helped to train in sewing the kits) sews these kits providing her with much needed income. Feedback on the kits has been good, especially in rural areas. They are being used and holding up but there have been several recommendations for improving them. Many suggested making the ends rounded for comfort, others suggested a longer pad for nighttime use and finally many requested colorfast fabrics. All of these recommendations have added to the cost of creating the kits (from \$7/kit to now \$8.50) but Kesang feels these are all very good changes and will make the kits more user friendly and durable. Line 30: Program #3:

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Emergency Disaster Relief-\$9,175

Grantee: T.E.A.M. Nepal Kolechour, Talamarang

Melamchi 6, Sindhupalchock 00977 Nepal

Phone: 9841278282

email: teamnepal65@gmail.com Website: www.teamnepal.org

Program Director: Neel Shahi

1) Team Nepal Grant- windstorm damage relief to structures \$7,500

Impact: Restoration of buildings, living quarters, kitchen for TEAM Nepal. 20 housed children in the surrounding community.

On Tuesday, April 16 at 8:31 pm board Chair Denise Attwood received a message from Neel Shahi, founder of TEAM Nepal, a Nepali NGO that CCF has supported several times in the past. He provided photos of the devastation that a huge, unexpected windstorm had caused to their Children's home and surrounding farm the night before. The winds in Neel's words "Sad to witness destruction caused by heavy wind at Little Angel's Children home last night. The heavy wind and storm caused a lot of destruction and some injuries to Buffalo. Thankfully all the children and staff are safe but a lot of properties was damaged. The 20 minute storm destroyed bee hives, goat shed, buffalo house, kitchen, store room, toilet roof and garden was damaged. We require a lot of investment again to reconstruct the damaged roofs and re-plant the vegetable and fruit trees/plants." They estimated that with all of the work that needs to be done they needed to raise \$18,000 US. Since TEAM Nepal's mission and vision is very much in line with CCF's and because we have a long standing relationship with their founder and a good track record with their follow through on disaster relief grants after the 2015 earthquakes and since we have disaster relief funds remaining CCF was well positioned to help this longstanding partner through this unexpected natural disaster. Grantee: Kesang Yudron, Volunteer CCF

Grantee Address: Bhagwang Bahal, Thamel-29, PO Box 10452 Kathmandu, Nepal

Grantee email: Kyudron@gmail.com

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2) 3 Day Emergency First Aid Training program for 20 Community Leaders in Sertung area-\$1675 grant (\$825 training, \$850 for 20 first aid kits and money for resupplying kit)

Impact: 20 local community health volunteers and school teachers from 11 villages surrounding the remote village of Sertung, Nepal were given a 3 day intensive training in basic first aid. It is estimated over 900 people in the area could potentially benefit from this basic training.

In this remote area of Dhading District in Nepal accidents happen frequently which if treated quickly can be kept from becoming life threatening. This is also an area that was

heavily damaged by the April 2015 earthquake that struck Nepal. Each of the villages that requested training have little access to immediate basic first aid. CCF agreed to provide funding for basic first aid training for 9 community health volunteers and 11 teachers in these villages and provide each of them with a basic emergency first aid kit and some funds to resupply those kits. A certified CMA, Pema Tamang, that CCF has worked with a lot to provide Menstrual Health training in the area conducted the 3 day training.

CCF received earthquake relief funds to help with rebuilding after the earthquake in Nepal. We distributed blankets and other relief materials in Sertung and developed a close relationship with the community. In October of 2018 CCF trained a local Sertung resident, Yogendra Tamang, to take our 3 day MHM leadership training and then funded Yogendra and Pema (a Certified Medical Assistant from Sertung) to conduct Menstrual Hygiene trainings in Lapa, Borang and Sertung. All of these programs have met with much appreciation by local villagers and with great success. When asked what these areas needed to make their situation more secure they responded by requesting first aid training to key leaders in their communities. CCF and the local villagers believe that this training is not only helpful for general day to day first aid but is also important for helping these

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communities be better prepared for natural disasters such as earthquakes, flooding and landslides (all occurrences in this mountainous area). Basic first aid training can help stabilize or treat injuries that otherwise might become serious. Line 31: Other program services- \$6,632

Grantee #1: Deurali Community Service Center (aka Baseri Clinic)

Grantee Address: Dhadaqaun, Baseri VDC, Dhading District Nepal

Grantee Administrator: Dhane Gurung- Treasurer DCSC email:gurungdhanee@hotmail.com

Total Grants for Baseri clinic- \$2,090 + 1,927= \$4,017

Impact: 3,000 people served per year from the village and surrounding villages.

The Deurali Community Service Center's "Baseri Clinic" is located in the remote village of Dhaagaun, Nepal. The clinic was established to provide basic healthcare in an area where it was desperately needed. It is operated by a village non-profit board that is registered with the Nepali government. Since 2014 CCF has been responsible for the staff salaries and for maintaining the buildings of the clinic. In 2015 the clinic was formally recognized as a "model clinic" by the government of Nepal and DCSC entered into a public/private partnership with the government so that now the government pays a portion of the salaries and CCF pays the balance. CCF also pays for the maintenance of the buildings. In 2019 the clinic has 3 dedicated female staff: a certified nurse midwife, a certified medical assistant and an administrative assistant. 1.CCF portion of salaries for 3 clinic staff for 2019- \$2090

2.Repair and maintenance of clinic building- \$1927

Ditches and cement skirting needed to keep building from flooding during monsoon

Repair of holes in walls and other upkeep.

Grantee #2: WomenLEAD Nepal

Grantee Address: Jawalakhel Lalitpur, Nepal GPO 8975, EPC 2234, Kathmandu, Nepal

Grantee Administrator: Manasi Kogeka

Name of the organization

Employer identification number

**Conscious Connections Foundation****47-1602190**

Program: Scholarship funding for the LEAD program for empowering adolescent girls with skills to become future changemakers- Grant \$1,000

Impact- 1-2 girl scholarship recipients. WomenLead's mission is closely aligned with CCF's and is to provide young women in Nepal with the skills, support and opportunities to

become leaders and changemakers in their schools, communities, nation, and world. Women

LEAD works with high school girls in Kathmandu ages 16 to 18 years old. The girls come

from diverse backgrounds, but share a passion for creating change in Nepal. They have

incredible dreams for themselves and their country, and Women LEAD is committed to

supporting them as they pursue their vision for change in Nepal. This grant will provide

scholarships for several girls in need so that they can attend Women LEAD's 12 week LEAD

program in 2019. The LEAD program's goal: To empower adolescent girls with the skills,

networks and experience they need to become future changemakers in their schools and

communities. Grantee #3: Grantee: Kesang Yudron, Volunteer Menstrual Hygiene Project

Manager

Grantee Address: Bhagwang Bahal, Thamel-29, PO Box 10452 Kathmandu, Nepal

Grantee email: Kyudron@gmail.com

Program: Sindupolchowk 3 day Menstrual Hygiene Training- Grant \$1337

Impact- 39+ 50 high school age girls. Thirty nine women attended the MH training for the purpose of gaining an in depth understanding of menstruation so that they could

potentially become future MHM trainers. 80 reusable menstrual pad kits distributed (30 to the trainees and 50 to local high school students).

CCF's purpose in funding a 3 day MHM leadership training for a smaller more intimate group

of 30 women in Mani Bhanjang, Chaba Bhot, Sindupolchok was to begin to develop community

leaders who would organize future trainings for the high schoolers in the area. Although

this district is close to Kathmandu, it is one of the least developed districts in Nepal,

is primarily agrarian and was heavily hit by the 2015 earthquake. This area is very poor

with many uneducated people. Our MHM partners in Nepal have decided that for the in depth

Name of the organization

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trainings it is more effective to limit the training to around 30 participants and have it longer than a day. This is in part because of the intimacy and safety of a small group but also because of the breadth of the materials. Although this is a more costly approach (this would cost about \$35 for each participant) our partners felt it provided a more in depth learning and bonding experience for the women and that this would eventually have a greater impact in helping perceptions and practices change while building greater confidence in the group as a whole. In the larger venues where more than 30 women were present and where the presentations were shorter it felt more like a "lecture" rather than a learning experience. Also, it is much easier for a trainer to work with 30 participants and be able to answer their questions and address their concerns. If these in depth, more intimate trainings can occur with women leaders in these areas then the hope is that they will be able to influence more local people with greater confidence.

Grantee #4: Grantee: Kesang Yudron, Volunteer CCF on behalf of Nanu Bajracharya

Grantee Address: Bhagwang Bahal, Thamel-29, PO Box 10452 Kathmandu, Nepal

Grantee email: Kyudron@gmail.com

Program: Scholarship relief needed for exceptional student due to Earthquake- \$277

Impact- 1 boy

Part of CCF's mission is to provide funds for educational scholarships to help poor families in Nepal keep their children in school. Funds raised are to be distributed in Nepal to facilitate all levels of education for children of marginalized families. A goal of this foundation is to give children a chance at an education that they may not otherwise have access to.

Nanu Bajracharya and her family live in their ancestral house in Naqbal. Their small house was destroyed in the 2015 earthquake and they were forced to rebuild. Building a simple

Name of the organization

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structure in Kathmandu however is very expensive and to build one room on each floor they had to take a loan of \$17,600. Nanu's husband is a priest at a small temple in Kathmandu and most of his income comes from donations that worshippers give at the temple. Nanu has been working as a knitter since 2000 but they are having a difficult time covering debt + interest with the bank as well as their son's school fees.

Nanu's son Sujal is a very bright student in the 9 th class and is enthusiastic about learning

He has an average of 3.75-3.90 GPA, excellent attendance and last year won the Student of the Year in his school. This family wants him to stay in school but they do not have the fund for this year. They approached CCF for a one time school grant. CCF had remaining earthquake relief funds and felt this was an appropriate way to help a struggling family keep their child in school.

**Statement of Program Service Accomplishments**

**2019** PG01

Name(s) as shown on return

Your Social Security Number

**Conscious Connections Foundation**

**47-1602190**

**Form 990EZ-Part III-Line 31**

Statement #4

**Program Service Expenses**

**\$6632**

**Grants and allocations included in above expense**

**\$6632**

**Includes Foreign Grants**

**Yes**

**Explanation**

**See other program services Schedule O**



**Form 990  
Worksheet**

**Schedule A, Line 5 - Excess 2% Limitation Contributors**

(Keep for your records)

**2019**

Name(s) as shown on return

**Conscious Connections Foundation**

Tax ID Number

**47-1602190**

2% of the amount on Schedule A, Part II, line 11, column (f) ..... 5,684

Name	(a) 2015	(b) 2016	(c) 2017	(d) 2018	(e) 2019	(f) Total	(g) Excess contributions (col. (f) minus the 2% limitation)
<b>The Sam and Ann Thoen Foundation</b>				10,000	15,000	25,000	19,316

**Total**

**19,316**